

# December 2022 Pickleblast

## Club President's Message

I am excited about the upcoming holiday season. Mary and I have our lights hung inside and outside our home and we are looking forward to attending local holiday activities. But, I am just as excited about what is happening with the Club.

Here are the highlights with the New Year quickly approaching.

- Thru December 31st, the **GVR Foundation Club Challenges** continues. Please donate to Help Your Neighbors. See the Club Website for details on how to donate.
- December 16th, **4.0/4.5 Advance play** will begin, organized by Wayne Kerr, Carol Hammerale, Steve Reynolds, and Teri Nuemann.
- In January, plans are being finalized for **SLP+1 play** for 2.5, 3.0 & 3.5 players.
- January 26th, the Club will be participating in the **GV/GVR Showcase event** to introduce pickleball and the Club to attendees.
- In January, **GVR pickleball classes** begin again.

For further details, watch the website, Pickleball Plus, or emails will be sent out.

Also, we need volunteers to help us in the following areas.

- January 26th, **GV/GVR Showcase**, we need volunteers to organize and help at the Club's table.
- Need a **2.0/2.5 player** to be a part of the Scheduling Committee, who meets on an as needed basis.

If you are interested in volunteering, please send an email to [greenvalleypickleballclub@gmail.com](mailto:greenvalleypickleballclub@gmail.com). We need you. Thanks in advance.

Lastly, I am excited about including a pickleball article by Wayne Kerr. This article is from The Scoop, a Canada-wide Pickleball Publication, in which he submits articles for publication. It is a great reminder about Momentum, Use it or Lose it.

Mary and I wish you a Wonderful Holiday Season and a Happy New Year!

See you on the courts in 2023!



Patrick "Just One More Game" Furumoto, President  
GVR Pickleball Club

## Board Meeting Highlights

### GVR/Green Valley Showcase Event - January 26, 2023

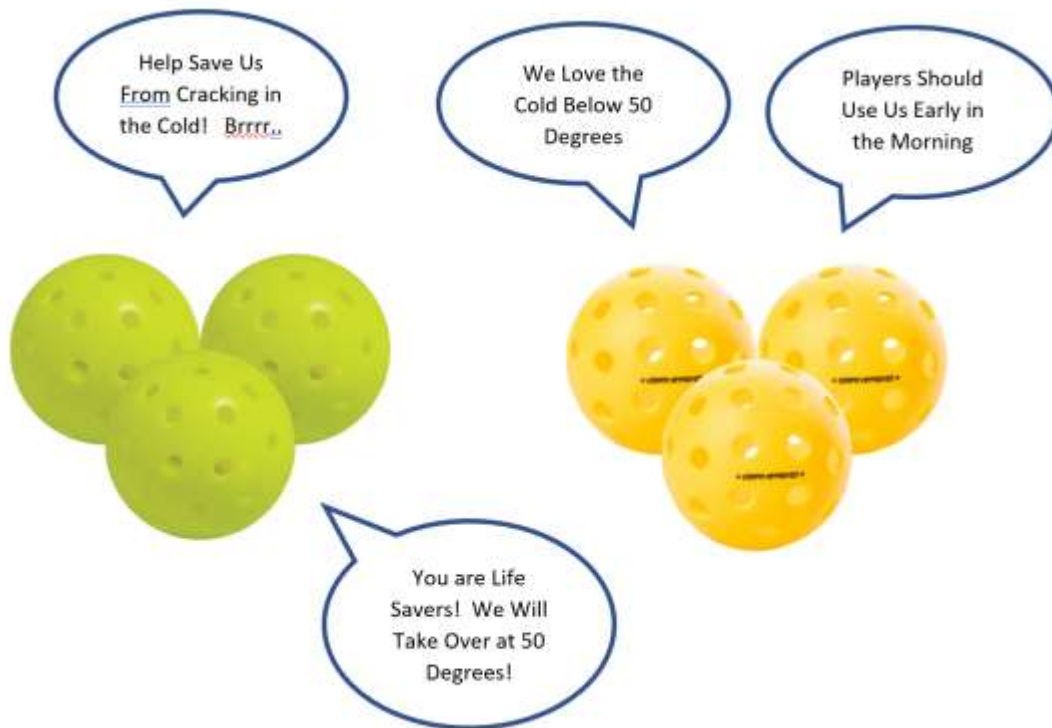
The Club will be participating in the GVR/Green Valley Showcase Event on January 26 from 9am-9pm at Las Campanas. This showcase event will give GVR Clubs the opportunity to talk with new members, prospective members, and the general public about the Club. There will be GVR lectures and new member orientations during the day. In addition, there may be local organizations participating in the event.

**We need volunteers to organize the event and be present at our table to talk to attendees. If interested in helping, please send an email to [greenvalleypickleballclub@gmail.com](mailto:greenvalleypickleballclub@gmail.com).**

### Highlights of Board Agenda & Work Area Reports

[Click here](#) to access past Board Agenda & Work Area Reports.

### We Need Everyone's Help to Save Our Franklin Pickleballs!



With the cold here in the mornings, please use the Onix yellow pickleballs until the temps reach 50 degrees. The Franklin pickleballs are easily cracked in cold weather. Help save our Franklin pickleballs.

Also, when you are finished with your game, make sure the pickleballs are back in the holders and the gate is closed.

## Generous Wealth Advisors & Foundation Games Tournaments

These tournaments were held the weekend of Dec 9, 10, & 11. There were over 200 players in the tournaments in various skills levels and age groups. There were several members of the Club who won medals. It appears to be a successful tournament overall.

## Skill Ratings

Members whose skill rating has changed through the Club rating process, IPTPA, or other accepted rating testing. Congratulations to all!

New 2.5: Etsuko Stewart, Timothy Stewart

New 3.0: Margie Mohr, Dan Mohr, Margaret (Peg) O'Conner, Beth Robertson, David Meents, Timothy Reding, Barry Stock, Ken Tinsley, Dan Tyner, Bill White

New 3.5: Wayne Gregg

New 4.0: James Trobec

## New Members

41 new members from 11/1/22 – 11/27/22

Becky Westley, Pamela Amburgey, Janet Stellema, Jenny Price, Barbara Tubbs, Michael Tubbs, Nicki Harbo, Randy Harbo, Jeff Chihak, Nancy Chihak, Kristie Swanson, Steve Swanson, Julie Gant, Brian Gant, Mary Pickard, Joseph Pickard, Liliana Sholly, Steven Hoitomt, John Nejedlo, Brenda Nejedlo, Dean Ebaugh, Patricia Trujillo, Michael Corcoran, MartyC Hogan, Karen Huddleston, Phyllis Schrader, Jeff Hickman, Kathy Jameson, Patrice Sweeny, Hoale Bussanich, Chris Balka, Carole Pillow, Mary Beth Stevenson, Michael Olson, Kitt McMains, Wayne Urbaniak, Kathleen Urbaniak, Donna Bloom, Joey Simon, Ed Simon, Jill Evans

## Social Activities & Logo Apparel

SOCIAL - Approximately 70 members/guests attended the Dink & Dine on 11/19 at the East Center. The social was dedicated to raising funds for the Members Assistance Program (MAP). We raised \$427 at the Patio Sale and \$395.00 at the 50/50 Raffle. Thanks to everyone for your support. Also, thanks to Joe Stutler & Pat Andrews for working at the Raffle table. Thanks again to the Social Committee!

**Volunteers Needed: We are looking for help on the Social Committee. (We do not do socials in December & June through August. If you are interested or have questions, please contact Mary Wright @ wmary1966@gmail.com.**

Next Dine & Dance will be Saturday, January 21st at the West Center. We are bringing back Angel Perez & his drummer! This event was a great hit last year. More information will come.

OUTREACH - The GVR Foundation Club Challenge Fundraiser ends December 31st. We still have time to raise money for the challenge.

FACEBOOK - The Club facebook is active. On Facebook, Search for GVR Pickleball Club and ask to Join the group. This group page is for active members only.

## Club Classes

The Club offers classes free of charge to active club members for those looking to learn and to improve their skills. While there is no charge for these they do require registration through Pickleball Plus ([gvpc.pickleball.plus](http://gvpc.pickleball.plus)).

Developing Skills for 2.0 & 2.5 players. Players are encouraged to use Developing Skills as a stepping stone to improve their skills after taking a GVR 101 class.

After 4 sessions players will need to join the Club to continue to sign up. These sessions incorporate drills and game play with a coach observer. Coaches are authorized to advance players from 2.0 to 2.5.

## GVR Classes

There will be GVR Pickleball classes as shown below. Check them out in the GVR Winter Course Schedule, which is available on the GVR website.

All classes are held at the Kent J. Blumenthal Pickleball Center. Times are as follows: PB 101, 201, 202, and 301 are 3-5pm, SNAP and SNAP it UP - Pickleball are 12-2pm.

[Click here for GVR registration info and policy](#). Or, call (520) 625-3440, please choose option #2 for class registration.

PB 101: Mike Gustin  
Jan 10-31, Tuesdays  
Feb 7-28, Tuesdays  
Mar 7-28, Tuesdays

PB 101: Al Willette  
Jan 4-25, Wednesdays  
Feb 1-22, Wednesdays  
Mar 1-22, Wednesdays  
Apr 5-26, Wednesdays

PB 201: Carol Hammerle  
Jan 2-26, Mondays  
Mar 6-20, Mondays

PB 202: Carol Hammerle  
Jan 23-Feb 6, Mondays  
Apr 3-17, Mondays

PB 301: Carol Hammerle  
Feb 13-27, Mondays

SNAP: Kathy Palese  
Jan 3-17, Tuesdays

Jan 31-Feb14, Tuesdays  
Feb 28-Mar 14, Tuesdays  
Mar 28-Apr 11, Tuesdays

SNAP it Up - Pickleball: Kathy Palese  
Jan 24, Tuesday  
Feb 21, Tuesday  
Mar 21, Tuesday  
Apr 18, Tuesday

## Training for Ball Machines

The Tutor Ball Machine at the East Center and the Lobster Ball Machine at the PBC are available to reserve. If you are wanting to be trained on either ball machine, check Events in Pickleball Plus for the monthly training sign ups.

## Play Safe and Be Prepared

As a reminder, when you go to play pickleball. It is a great idea to have a copy of your insurance card, driver's license, and emergency contact. Hopefully, you will never need to use them on the courts, but they are important, if you have a medical issue.

## Pickleball Article of Interest

The following article is by Wayne Kerr, a GVR Pickleball Club member from Canada.

Wayne Kerr is a 4.5 Pickleball player, former Canadian Pickleball consultant and current contributor to "the Scoop" the Canadian Online Magazine. He is also the Ambassador of the International Federation of Pickleball. Wayne competed for 35 years in USTA Tennis and was the USTA Tennis Captain for 10 years.

### **Momentum: Use it or Lose it**

What is momentum? In Physics or Newtonian Mechanics, linear momentum, translational momentum, or simply momentum (pl. momenta) is the product of the mass and velocity of an object. It is a vector quantity, possessing a magnitude and a direction.

In sports, it isn't quite as quantifiable. Momentum is used to describe being on a roll, everything is clicking, you and/or your team are making positive things happen, etc. Momentum is a great thing, unless the other side has it.

In Pickleball momentum is built by scoring points. Scoring multiple points when your side is serving and holding the other team to one point or less when they serve gives your team momentum and robs your opponents of theirs.

Momentum can be elusive. Oftentimes neither team has it. Maybe both teams are making errors or both teams are playing equally as well. Sooner or later one of the teams will gain some momentum and start scoring multiple points. If this is your team, that is good, ride the momentum as long as

possible. This is sometimes easier said than done. One shot can stop the momentum. A great shot made by an opponent is only one of the momentum killers.

All too often we halt our own momentum by making avoidable errors. Momentum fosters confidence which is a good thing unless it makes you overly brave. Driving (over-hitting) a ball into the net or back fence is the number one momentum killer that I see on the court. Missing your serve will crush any momentum you have going on. Don't change your game plan or style of play to avoid making errors, just do your best not to give away the momentum with rash errors. This is pickleball, mistakes happen, shake it off quickly. Nothing gives away momentum like two or three quick errors in a row.

Suppose the other team has the momentum, what can you do to slow or stop this? If you are in a tournament take a 'Time Out'. A break between points will often cool a hot team down or give you and your partner time to regroup. If you can't take a time out or during rec play try changing things up. If you usually return cross-court, try going down the line. If you and your partner have been stacking or switching, don't for a point or two. If you haven't been, try switching for a point or two. Do something different to get your opponents out of rhythm. Of course, make sure your partner knows your plan.

Another way to take back momentum is by winning a long point. Focus on keeping the ball in play. If you get a ball you can attack downwards, keep your target large, don't go for the lines. If you give up an attackable ball scramble, scrape and dig back as many as possible. Every time the ball gets back over the net gives you or your team a chance to win the point. If one of your opponents makes an error that may slow their momentum. When one of my opponents makes an error I make it a point to get the ball back onto their paddle right away, especially if they were upset. A couple errors in a row will usually stop their momentum, giving you the opportunity to build some of your own.

Whether I do or don't have the momentum, I try to stay loose and positive. I always try to encourage my partner after an error. In most cases, it is next to impossible to build or regain momentum if you or your partner are angry or upset. The exception being that my partner is a McEnroe type that gets fired up by adversity. I don't start questioning line calls or arguing with our opponents or the referee. Rather than using calming words like: 'nice try' or 'that was the right shot', I'll switch to phrases to pump up the intensity such as: 'Let's go!' or 'Come on!'.

As I mentioned earlier momentum can be elusive. It can't be forced, and it can vanish in an instant. Ride it while you have it and do your best to wrestle it back from your opponents when they do.

Momentum is just another fun aspect of this incredible game.

Party on my pickleball friends!

